



## **EXCELSIOR SPRINGS**

Parks · Recreation · Community Center

### **Age Guidelines**

#### **Facility**

- **Under 16:** Restricted access in some areas.
- **Children 11 and under:** Must be accompanied by a parent/guardian at all times.
- **Ages 12 - 15:** May use the facility unaccompanied from 2:30 PM - 5:30 PM. After 5:30 PM, a parent/guardian must be present.
- Unaccompanied minors after 5:30 PM will be asked to wait in the lobby until pickup.

#### **Child Watch**

- 12 weeks - 8 years

#### **Fitness Center**

- **Ages 8 and under:** Not allowed.
- **Ages 9 - 11:**
  - Require safety orientation.
  - Must wear an identifying bracelet.
  - Must be accompanied by a parent/guardian.
  - Access may be limited at staff discretion.
- **Ages 12 and over:** Parent/guardian not required.
  - Access may be limited at staff discretion.

#### **Gymnasium and Track**

- **Ages 9 - 11:** Must be with a parent/guardian.

#### **Racquetball Room**

- **Under 9:** Not allowed.
- **Ages 9 - 11:** Must be with a parent/guardian.

#### **Aquatics**

- **Ages 12+:** May use indoor pool unaccompanied.
- **Ages 14+:** May use outdoor/competition pool unaccompanied.
- **Ages 11 and under:** Must be accompanied by a parent/guardian at all times.

#### **Senior Center**

- 60 years of age and older
- Or physically or mentally challenged between 18 - 59 years of age.