



# EXCELSIOR SPRINGS COMMUNITY CENTER COMPETITION POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00AM-6:45AM <b>CLOSED</b>	5:00AM-6:45AM <b>CLOSED</b>	5:00AM-6:45AM <b>CLOSED</b>	5:00AM-6:45AM <b>CLOSED</b>	5:00AM-6:45AM <b>CLOSED</b>	5:00AM-NOON <b>CLOSED</b>
<b>MASTERS SWIM</b> 6:45AM-8:00AM CLOSED TO PUBLIC	<b>MASTERS SWIM</b> 6:45AM-8:00AM CLOSED TO PUBLIC	<b>MASTERS SWIM</b> 6:45AM-8:00AM CLOSED TO PUBLIC	<b>MASTERS SWIM</b> 6:45AM-8:00AM CLOSED TO PUBLIC	<b>MASTERS SWIM</b> 6:45AM-8:00AM CLOSED TO PUBLIC	<b>OPEN SWIM</b> NOON-6:45PM 2 Lanes All Areas
8:00AM-NOON <b>CLOSED</b>	8:00AM-NOON <b>CLOSED</b>	<b>DEEP WATER</b> 8:00AM Kelli	8:00AM-NOON <b>CLOSED</b>	<b>DEEP WATER</b> 8:00AM Kelli	
<b>OPEN SWIM</b> NOON-8:45PM 2 Lanes All Areas	<b>OPEN SWIM</b> 12:00PM-7:00PM 2 Lanes All Areas	9:00AM-NOON <b>CLOSED</b>	<b>OPEN SWIM</b> NOON-8:45PM 2 Lanes All Areas	9:00AM-NOON <b>CLOSED</b>	<b>SUNDAY</b> 8:00AM-NOON <b>CLOSED</b>
	<b>MASTERS SWIM</b> 7:00PM-8:00PM LAP LANES CLOSED	<b>OPEN SWIM</b> NOON-8:45PM 2 Lanes All Areas		<b>OPEN SWIM</b> NOON-8:45PM 2 Lanes All Areas	<b>OPEN SWIM</b> NOON-4:45PM 2 Lanes All Areas
	<b>OPEN SWIM</b> 7:00PM-8:00PM Free Swim Diving Board/Rock Wall Only				
	<b>OPEN SWIM</b> 8:00PM-8:45PM 2 Lanes All Areas				



**A STRUCTURED SWIM PROGRAM FOR ADULTS 18+ LOOKING TO STAY ACTIVE IN THE POOL. COACH LED WORKOUTS AND SWIM TECHNIQUE REFINEMENT AT YOUR OWN PACE!**

**\$50/MONTH**  
**MEMBERS & NON-MEMBERS**



**U.S. MASTERS  
SWIMMING**

FACILITY HOURS: MONDAY-FRIDAY 5:00am-9:00pm | SATURDAY 6:00AM-7:00PM | SUNDAY 8:00AM-5:00PM

CHILD WATCH HOURS: MONDAY-FRIDAY 8:00AM-12:00PM & 4:00PM-8:00PM SATURDAY 8:00AM-12:00PM

EXCELSIOR SPRINGS COMMUNITY CENTER | 500 TIGER DRIVE, EXCELSIOR SPRINGS MISSOURI 64024 | 816-656-2500

## DIVING BOARD:

- NO FLOTATION DEVICES OF ANY KIND ARE ALLOWED ON THE DIVING BOARD.
- ANY PATRON WEARING OR REQUIRING A LIFEJACKET CANNOT GO OFF THE DIVING BOARD.
- ONLY ONE PERSON AT A TIME CAN GO OFF THE DIVING BOARD.
- ONE PERSON ON THE DIVING BOARD PLATFORM AT A TIME.
- PATRONS MUST WAIT UNTIL THE PERSON IN FRONT OF THEM IS ON THE WALL BEFORE JUMPING OFF THE DIVING BOARD.

## ROCK WALL:

- NO FLOTATION DEVICES OF ANY KIND ARE ALLOWED ON THE ROCK WALL.
- ANY PATRON WEARING OR REQUIRING A LIFEJACKET CANNOT USE THE ROCK WALL
- ONE PERSON AT A TIME ON THE ROCK WALL.
- PATRONS MUST WAIT UNTIL THE PERSON IN FRONT OF IS CLEAR FROM THE SPLASH ZONE BEFORE USING THE ROCK WALL.
- NO FLIPS OFF THE WALL INTO THE WATER.
- WEIGHT LIMIT IS 350 LBS

## OTHER INFORMATION:

### FLOTATION DEVICES & TOYS:

- ONLY U.S. COAST GUARD-APPROVED LIFE JACKETS ARE PERMITTED. INFLATABLE DEVICES, WATER WINGS, AND OTHER NON-APPROVED FLOTATION DEVICES ARE NOT ALLOWED.
- THOSE REQUIRING A LIFEJACKET MUST WEAR A PROVIDED RED WRIST BAND.
- POOL NOODLES, KICKBOARDS, AND OTHER SWIM AIDS ARE NOT ALLOWED IN THE OUTDOOR POOL.
- DIVE TOYS ARE NOT ALLOWED IN THE DEEP END OF THE POOL (5FT OR LESS).
- THE USE OF WATER GUNS / SPRAYING TOYS IS NOT ALLOWED.

### HEALTH AND SAFETY:

- ANYONE EXPERIENCING DIARRHEA, VOMITING, OR ANY CONTAGIOUS ILLNESS MUST NOT ENTER THE POOL.
- INDIVIDUALS WITH OPEN WOUNDS OR SKIN INFECTIONS MUST REFRAIN FROM USING THE POOL.
- NO SPITTING, NOSE-BLOWING, OR URINATING IN THE POOL.
- PATRONS WITH SEIZURES, HEART CONDITIONS, OR OTHER MEDICAL CONCERNS SHOULD CONSULT A PHYSICIAN BEFORE USING THE POOL.
- IF THE POOL WATER TEMPERATURE IS BELOW 70 DEGREES, THE POOL WILL CLOSE UNTIL THE TEMPERATURE HAS RISEN.

### INCLEMENT WEATHER:

- IN THE EVENT OF INCLEMENT WEATHER, THE POOL STAFF WILL MONITOR CONDITIONS AND MAKE DECISIONS REGARDING POOL CLOSURES.
- THE POOL WILL BE CLEARED IMMEDIATELY, AND ALL PATRONS MUST EXIT THE FACILITY IF ANY OF THE FOLLOWING CONDITIONS OCCUR:
- LIGHTNING IS SPOTTED OR THUNDER IS HEARD.
- HEAVY RAIN REDUCES VISIBILITY FOR LIFEGUARDS.
- HAIL, STRONG WINDS, OR A TORNADO WATCH/WARNING IS ISSUED.
- THE POOL WILL REMAIN CLOSED UNTIL 30 MINUTES AFTER THE LAST LIGHTNING STRIKE OR THUNDERCLAP, OR UNTIL OTHER HAZARDOUS CONDITIONS HAVE PASSED.
- IF THE POOL REMAINS CLOSED FOR AN EXTENDED PERIOD, THE STAFF WILL UPDATE PATRONS WITH RELEVANT INFORMATION.